



Possible Ponderings

The theme for April is Awakening

Possible Ponderings is an offering of ways you might consider engaging more deeply with the theme or reflecting on the ways the idea of Awakening shows up in your life.

April 1-2: Are you the type that believes awakening most often arises slowly from dedication and discipline or the type that believes it is something that sneaks up on us and hits us like a ton of bricks?

April 3-9: Have you ever read a book or seen a movie that “woke you up”?

April 10-16: Are awakenings easier when you are younger or older?

April 17-23: Has pain or loss ever led you to the door of awakening?

April 24-30: What if the path to awakening is simply “wanting what you have”?