



Possible Ponderings

The theme for May is Nurturing Beauty

Possible Ponderings is an offering of ways you might consider engaging more deeply with the theme or reflecting on the ways the idea of Nurturing Beauty shows up in your life.

May 1-7: What makes a beautiful soul? What do you do to beautify your own soul?

May 8-14: What did your family of origin teach you about what it means “to be beautiful”?

May 15-21: What parts of life have become more beautiful as you’ve aged? What’s something you know now about beauty that you didn’t know when you were 16 years old?

May 22-28: Who in your life needs to be told they are a beautiful soul?

May 29-31: Have you ever experienced a “beautiful goodbye”?